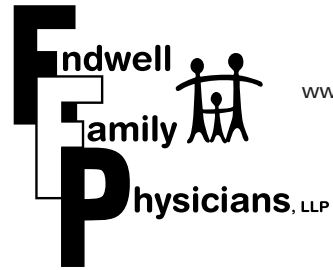


***For An Appointment
Call
Endwell Family Physicians***

754-3863



415 Hooper Road
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Now Offers...



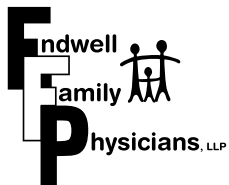
E.T.P.S.

(Electro-Therapeutic Point Stimulation)

***Treatment
for both
Acute and Chronic
Pain***

***What is ETPS and can it
help you?***

Read on to find out...



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What is ETPS (Electro-Therapeutic Point Stimulation)?

ETPS is now being offered as a potential treatment for acute and chronic pain. It is designed to restore muscle, nerve and hormone balance. ETPS treatments DO NOT involve needles. We place a low-intensity electrical stimulation to specific sites on the body. The duration of the application is about 10 to 20 seconds per point. The points are chosen based on the location of the pain. In addition, traditional Chinese acupuncture points are used. They are often located far from the site of your pain. The treatment is usually done on both sides of the body. There can be a range from 10 to 40 sites selected per treatment depending upon your problem. The treatment interval can vary as much as daily to monthly, depending upon your situation.

Can ETPS help relieve my pain?

Pain is a common human experience. Initially, pain warns us there is something wrong. This is called ACUTE pain. This is what you would experience when you strike your finger with a hammer or strain your back. Fortunately, most acute pain lasts a short time. Another type of pain is CHRONIC pain. Chronic pain is pain that lasts a long time, much longer than you would expect for the healing process of a particular injury or condition. Examples of chronic pain are arthritis, cancer pain, low back pain or neck pain. Pain can often be debilitating. For instance, have you ever avoided activities because of your pain or been awoken at night because of pain? There are many treatments for pain including medication, physical therapy, chiropractic and acupuncture. Endwell Family Physicians now also offers ETPS for treatment of both acute and chronic pain.

Evaluation Before Treatment

We will do an evaluation to determine what is causing your pain before we start ETPS treatment. We try to recommend specific treatments to alleviate the pain or prevent recurring painful episodes.

Will I feel anything and how long will it last?

Patients will often feel no sensation when the points are stimulated. At times it may be uncomfortable briefly—10 to 20 seconds. You may notice improvement immediately, or it may take several days or even several treatments until you feel better. The longer you have had your problem, the longer it usually takes to get relief. Improvement can last for a very brief period or it may be a permanent relief after only a couple treatments. Every person responds differently. With most chronic pains, however, many more applications of ETPS are necessary before lasting relief is noted. In addition, we may discuss other complementary treatments, such as physical therapy, exercise programs, yoga, trigger point injections or acupuncture treatments. Additional medications, such as antidepressants, may be recommended.

Cost of Treatment

The cost of treatment is often covered by insurance. In fact, at this time, most insurances are covering ETPS treatments. Please check with your provider or our billing office to see if your insurance is on the current list. If your insurance does not cover ETPS, the out-of-pocket expense is \$25 to \$50 for the treatment, plus the office visit.